**Skills for Inclusive Conversations**

with Mary-Frances Winters

# Shared Meaning Self-Assessment

|  |  |  |  |
| --- | --- | --- | --- |
|  | **A Great Deal** | **Somewhat** | **Not at All** |
| I am culturally self-aware. | yes |  |  |
| I have explored my unconscious biases. |  | yes |  |
| I am comfortable talking about difficult subjects. | yes |  |  |
| I believe that treating everyone the same is not the solution to polarization. |  | yes |  |
| I have studied my own and other cultures’ norms and beliefs. |  | yes |  |
| I have a high degree of emotional intelligence. | yes |  |  |
| I readily acknowledge that I don’t know what I don’t know. | yes |  |  |
| I recognize there are differences that make a difference and I try not to minimize them. |  | no |  |
| I have regular exposure to difference. | yes |  |  |
| I have meaningful relationships with diverse individuals and groups. | yes |  |  |
| I can separate the person from their position. |  | yes |  |
| My organizational culture is ready to have Bold, Inclusive Conversations®. | yes |  |  |
| There is a high level of trust in the organization. |  | yes |  |
| There is a high level of trust within my team. | yes |  |  |
| I am aware of my power and privilege. | yes |  |  |
| I already have a lot of experience with Bold, Inclusive Conversations®. |  | yes |  |

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